






Children Today Montessori January 2012 Vegetarian Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> 	<p>3</p> <p>All American Gardenburger on a Soft Bun Sliced Yellow Cheese Baby Carrots with Ranch Dip* Diced Peaches</p> <p>*Glazed Carrots</p>	<p>4</p> <p>Creamy Tofu Tetrizzini Buttery Bread Rounds Really Good Green Beans Vanilla Pears</p>	<p>5</p> <p>Breakfast for Lunch!! Fluffy Buttermilk Pancakes Vegetarian Sausage Cinnamon Applesauce Citrus Smiles</p>	<p>6</p> <p>Cheesy Tofu and Rice Whole Wheat Cracker Scoops Garden Vegetable Medley Mixed Up Fruit Cup</p>
<p>9</p> <p>Oven Roasted Eggplant Patty Lemon Scented Sunshine Rice Veggie Jumble Blushing Peaches</p>	<p>10</p> <p>Italian Vegetarian Sub on a Soft Pup Roll Deli Cheese Slices Young Green Peas Cinnamon Apples</p>	<p>11</p> <p>Soft Bean Tacos Cheddar Cheese Sprinkles Lettuce Ribbons* Whole Kernel Corn Pineapple and Melon Salad</p> <p>*No Substitute Needed</p>	<p>12</p> <p>Veggie Patty Sandwich with BBQ Sauce Creamy Mashed Potatoes Glazed Carrots Bartlett Pear Applesauce</p>	<p>13</p> <p>Roasted Vegetable Whole Wheat Ziti Mozzarella Cheese Shreds Garlic Breadsticks Tossed Salad with Ranch Dressing* Peach, Pear and Apple Medley</p> <p>*Good for You Green Beans</p>
<p>16</p> 	<p>17</p> <p>Roasted Vegetable Whole Wheat Spaghetti Mozzarella Cheese Shreds Soft Breadstick Fresh Cut Green Beans Mixed Up Fruit Cup</p>	<p>18</p> <p>Cheesy Tofu and Rice Whole Wheat Cracker Scoops Garden Vegetable Medley Citrus Smiles</p>	<p>19</p> <p>Pizza Day!! Whole Wheat Cheese Pizza Celery Sticks with Ranch Dip* Pineapple and Melon Salad Graham Cracker</p> <p>*Young Green Peas</p>	<p>20</p> <p>Creamy Alfredo Pasta Bread Rounds Brushed with Parmesan and Olive Oil Market Fresh Salad with Italian Dressing* Diced Peaches</p> <p>* Steamed Yellow Corn</p>
<p>23</p> <p>Vegetarian Egg Rolls Fluffy Rice Clouds Garden Green Peas Mandarin Oranges and Pineapple Tidbits</p>	<p>24</p> <p>Soft Bean Tacos Cheddar Cheese Sprinkles Lettuce Ribbons* Whole Kernel Corn Tropical Fruit</p> <p>*No Substitute Needed</p>	<p>25</p> <p>Ranch Hand Bean Macaroni Cheese Sprinkles Sweet Cornbread Muffins Herby Green Beans Harvest Peach Applesauce</p>	<p>26</p> <p>Creamy Tofu Tetrizzini Buttery Bread Rounds Veggie Jumble Vanilla Pears</p>	<p>27</p> <p>Oven Roasted Vegetable Sticks Homemade Tartar Sauce Seashells and Cheese Diced Carrots Mixed Up Fruit Cup</p>
<p>30</p> <p>Roasted Vegetable Whole Wheat Ziti Mozzarella Cheese Shreds Garlic Breadsticks Good for You Green Beans Peach, Pear and Apple Medley</p>	<p>31</p> <p>Veggie Patty Sandwich with Honey Mustard Sauce Creamy Mashed Potatoes Garden Vegetable Medley Strawberry Applesauce</p>			 <p>Chef Advantage 770-421-9550 www.ChefAdvantage.com</p>

*2oz Steamed Vegetable Substitute for Toddler

**Milk Served with Lunch Daily