



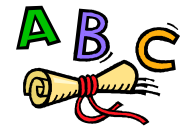




Children Today Montessori August 2010 Vegetarian Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|---|
| 2 Roasted Vegetable Whole Wheat Ziti Mozzarella Cheese Shreds Soft Breadstick Salad with Italian Dressing* Vanilla Pears *Good for You Green Beans | 3 Veggie Patty Sandwich with BBQ Sauce Creamy Mashed Potatoes Garden Vegetable Medley Mixed Up Fruit Cup | 4 Crispy Veggie Sticks Seashells and Cheese Young Green Peas Strawberry Applesauce  | 5 Garden Rotini with Diced Tofu in a Basil Pomodoro Sauce Buttery Bread Rounds Glazed Diced Carrots Pineapple and Melon Salad | 6 Pizza Day!! Whole Wheat Cheese Pizza Crisp Celery Sticks with Ranch Dip* Juicy Diced Peaches Graham Cracker *Sweet Corn |
| 9 Cheesy Tofu and Rice Whole Wheat Cracker Scoops Diced Carrots Tropical Fruit Salad  | 10 Savory Whole Wheat Spaghetti and Garden Herb Sauce Garlic Breadsticks Chopped Romaine Salad with Ranch Dressing* Spiced Apples *Fresh Cut Green Beans | 11 Oven Roasted Veggie Nuggets with Honey Mustard Sauce Creamy Mashed Potatoes Minted Green Peas Pineapple and Melon Salad | 12 Vegetarian Meatballs on a Soft Pup Roll Deli Cheese Slices Whole Kernel Corn Blushing Peaches | 13 South of the Border Beans and Rice Tortilla Triangles Mild Mexicali Mixed Veggies Valencia Orange Wedges  |
| 16 Ranch Hand Soy Beefy Macaroni Cheese Sprinkles Fresh Baked Cornbread Muffins Dilly Cucumber Salad* Peach, Pear, and Apple Medley *Very Veggie Jumble | 17 Oven Roasted Eggplant Patty Lemon Scented Sunshine Rice Garden Green Peas Mandarin Oranges and Pineapple Tidbits Honey Oat Bars  | 18 Breakfast for Lunch!! Fluffy Buttermilk Pancakes Vegetarian Sausage Patty Cinnamon Applesauce Citrus Smiles | 19 Creamy Alfredo Pasta Bread Rounds Brushed with Parmesan and Olive Oil Herby Green Beans Diced Peaches  | 20 All American Veggie Burgers on a Soft Bun Sliced Yellow Cheese Baby Carrots with Ranch Dip* Strawberry and Pear Medley *Steamed Diced Carrots |
| 23 Vegetarian Egg Rolls Fluffy Rice Clouds Asian Vegetables Mandarin Oranges and Pineapple Tidbits | 24 Taco Day!! Soft Soy Beef Tacos Cheddar Cheese Sprinkles Lettuce Ribbons* Cowboy Corn Banana Boat Fruit Salad *No Substitute Needed | 25 Veggie Patty Sandwich with BBQ Sauce Creamy Mashed Potatoes Garden Vegetable Medley Mixed Up Fruit Cup | 26 Roasted Vegetable Whole Wheat Ziti Mozzarella Cheese Shreds Soft Breadstick Fresh Salad with Italian Dressing* Vanilla Pears *Good for You Green Beans | 27 Crispy Veggie Sticks Seashells and Cheese Young Green Peas Strawberry Applesauce |
| 30 Garden Rotini with Diced Tofu in a Basil Pomodoro Sauce Buttery Bread Rounds Glazed Diced Carrots Pineapple and Melon Salad | 31 Pizza Day!! Whole Wheat Cheese Pizza Crisp Celery Sticks with Ranch Dip* Juicy Diced Peaches Graham Cracker *Spring Peas |  | |  ChefAdvantage 770-421-9550 www.ChefAdvantage.com |

*2oz Steamed Vegetable Substitute for Toddler

**Milk served with lunch daily